



Monarchs Breastfeeding Policy

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Policy Brief & Purpose

Our **workplace breastfeeding policy** refers to our provisions for breastfeeding employees. We recognize that breastfeeding has many benefits for new mothers and their children. Our company wants to support our employees whenever they need it.

Why do we have a workplace breastfeeding policy?

Our breastfeeding policy is part of our program for supporting mothers in completing their parental duties and bonding with their babies.

Scope

This policy applies to all new mothers in our company regardless of rank, status and position.

Policy Elements

New mothers can pump/express milk or breastfeed their babies in the workplace. They can take reasonable unpaid breaks whenever there's a need. A general provision for these breaks is 15 minutes. But, employees are allowed to take as much additional time as they need.

For this purpose, we have also planned for a private space. This room will be:

- Separate from bathrooms and meeting rooms
- Shielded from view by the public and coworkers
- Equipped with comfortable chairs, electric plugs, and a table
- Cleaned and sanitized regularly

The company has a fridge where employees can store their milk.

Unless the law provisions differ, lactation breaks are generally unpaid.

We should note that employees will be compensated as usual if they are summoned for an emergency or occupied with urgent job-related issues during their lactation breaks. However, we encourage employees to use these breaks as expected.

General rules

- Employees can use this policy's provisions for one year after their child's birth.
- Breastfeeding employees should not be disturbed with work issues when using the lactation room.
- If employees use their paid breaks to pump/express milk, they will be compensated as usual. Employees can use their lunch breaks for this purpose too.
- Employees should inform their supervisors when they want to use the private room to avoid confusion and make reasonable accommodations.
- Supervisors aren't allowed to prohibit employees to use break time for breastfeeding and pumping/expressing milk. Doing so could result in disciplinary action.
- Employees should not take break time when it's not needed or be consistently late to return. Doing so might violate our attendance policy.

- Supervisors and the Administration / HR department are obliged to communicate this policy to employees.
- All employees should support new mothers. We will not tolerate comments, disturbance or victimization of our employees.

Procedure

To make sure that this policy works well, we require employees to record their lactation breaks. They can do this through our timekeeping system (if one exists) or through communication with their manager. In this case, both manager and employee are responsible for recording break times.

Employees who have complaints about the process, the room or their coworkers' behavior can use our grievance procedure to let us know. All legitimate complaints will be investigated and resolved.